



35TH ANNUAL POLAR BEAR RUN

Sunday, February 24th 2019 at 11AM
LAKE WARAMAUG

WHERE: Registration is at the Lake Waramaug Country Club Tennis House,
Golf Links Road, New Preston, CT.

ENTRY FEE: \$23 mailed by Feb 9th. \$30 in person on race day.

COURSE: Level 7.6 mile loop around scenic Lake Waramaug

***PARKING: VERY LIMITED. PLEASE CARPOOL IF YOU CAN**

AWARDS: Top 3 Male and Female. Top 3 in the following divisions: 19 and under,
20-29, 30-39, 40-49, 50-59, 60 and above.

***First 300 registrants will receive a commemorative TrailHeads Multi Band.

Please go to www.lakewaramaugpolarbearrun.com for announcements and contact
information. Snow date is Sunday, March 3rd.

Name: _____ Age on race day _____ Sex: M F

Address: _____ City _____ State _____ Zip _____

Phone Number _____ email address _____

I acknowledge that this is a test of a person's physical limits and carries with it the potential for personal injury. I hereby assume the risk for participating in this event. I certify that I am physically fit and sufficiently trained to compete in this event. I agree not to hold responsible any person(s) involved in the organization of this event as well as the Town of Washington. I hereby affirm that I am 18 years or older or I have had a legal guardian sign for my participation in this event.

Signature: _____ Date: _____

Guardian Signature required if participant is under 18

Make checks payable to: TrailHeads / Polar Bear Run.

Mail to: TrailHeads 9 B Lane ST Kent CT 06757